

2009

FIELD HOCKEY



SEASON AND PLAYOFF BULLETIN

IMPORTANT REMINDERS

- Penalty for too many games: Restriction, no appeal
- Practice begins August 17, 2009
- Semi-Finals October 28, 2009 at Burt.com Stadium, Parker, CO
- State Championship November 2, 2009 at Burt.com Stadium, Parker, CO
- Promote high levels of sportsmanship – Cheer for your team!

CHSAA CONTACT: Bethany Schott, 303-344-5050 E-mail bschott@chsaa.org

RULES INTERPRETER: John Drummond, jxdrummo@aol.com

CHSAA FIELD HOCKEY INFORMATION: www.chsaa.org

ATHLETIC DIRECTORS ROUTING INSTRUCTIONS:

- Please distribute the enclosed bulletins and rule book to your field hockey coach.
- The coach will need this information to begin his/her season.
- These are the only bulletins that will be distributed; all playoff information is written in this communication.
- District & Regional hosts will have reminders & information emailed to them prior to their scheduled tournament.

WHO IS YOUR GET-BACK GUY?

- Officials have been instructed to ask each head coach prior to the game, “Who is your ‘Get Back Guy?’”
- The “GBG” is the assistant coach designated by the head coach to be in charge of all bench personnel should an altercation occur on the field or near the sideline.
- In volatile situations the “GBG” immediately communicates with all bench personnel to prevent them from leaving the bench area or participating in a fight in the bench area.
- The prompt action of the “GBG” could prevent your team from forfeiting the present game and next week’s game due to mass player ejections or penalties by the Commissioner for fighting.

COACHES ATTENDANCE AT A RULES MEETING NOW MANDATORY

- All varsity head coaches shall attend annually a CHSAA approved rules clinic in their sport prior to the start of the first interscholastic contest.
- Penalty: Coach placed on probation for first offense; restriction for subsequent offenses. This is a CHSAA Bylaw requirement.
- You can satisfy this requirement by attending meetings or clinics. Look on www.chsaa.org for more options. Click on mandatory Coaches/Officials Meetings and scroll down to Field Hockey Meetings and continue to the bottom where you’ll find other general sports meetings.
- Ask your athletic director for guidance. Your league may be hosting a meeting that will satisfy the requirement.

COACHES PLEASE NOTE:

Please have your principal contact the CHSAA office if you are involved in the state championship and find you have an athlete whose parents are not financially able to attend the event.



Colorado High School Activities Association

"Seeking Excellence in Academics, Activities and Athletics"



MEMBER
SINCE 1924

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Aurora, CO 80011
(303) 344-5050
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www.chsaa.org

August, 2009

TO: FIELD HOCKEY ATHLETIC DIRECTORS & COACHES
FR: BETHANY SCHOTT, ASSISTANT COMMISSIONER
RE: 12th STATE HIGH SCHOOL FIELD HOCKEY SEASON PREVIEW AND
STATE PLAYOFF BULLETIN

Greetings from the Colorado High School Activities Association. This is the 12th year that Field Hockey will compete as a CHSAA-sanctioned sport. The guidelines and rules that follow are critical for you and your students to know and understand. The CHSAA is excited with the success of last year's Field Hockey season and looks forward to a long and rewarding association with the sport, its coaches, officials and players.

PLEASE TAKE THE TIME TO BECOME THOROUGHLY ACQUAINTED WITH THIS BULLETIN.

Enclosed you will find the general policies that will be in effect for the 2009 regular season games, a summary of the CHSAA and National Federation rule changes, and a state playoff schedule in effect for this year's State High School Field Hockey Championships.

PLEASE NOTE: YOU WILL NOT RECEIVE ANOTHER BULLETIN

This printing also includes all the championship playoff information.

Good luck with the upcoming season. Please call me or Michele Sobczyk, Field Hockey Administrative Assistant, with any questions about the information included in this bulletin, concerns or suggestions.

Bethany M. Schott

BNS/ms



“CHECK YOUR SCHEDULES”

Before the competitive interscholastic season begins, check to make sure you have not scheduled contests in excess of the game/contest limit for your sport
(See CHSAA Sport Bylaws).

No member school shall permit any of its field hockey teams to participate in more than 15 games exclusive of state qualifying.

A student may not participate in more than 30 halves exclusive of state qualifying games.

Teams that have played more contests than allowed in the Sport Bylaws will be restricted from state playoff activities, without appeal.



**COLORADO HIGH SCHOOL ACTIVITIES ASSOCIATION
OFFICIALS' OFFICE
14855 E. Second Avenue
Aurora, CO 80011**

Dear Coach,

We have over 4,900 officials and the only way to make them accountable to better officiating is to rate them on a consistent basis. The lead official in all sporting contests has been instructed to provide you and the opposing coach a business card with the name of all the officials working your game. Taking the card with the names of the officials and then evaluating them online is critical to making officiating better. The success of this program depends on you. Please take time to rate the officials working each of your games, including lower level games.

Go to www.chsaa.org >coaches>coaches home> Officials' Rating Evaluation Card. You must type in the name of each official and rate each on the following scale: 1-2-3 – Poor; 4-5-6 – Good; 7-8-9 – Very Good; 10-11-12 – Excellent. However, most important are your comments. It will be well worth the time you spend on this process.

If you have any problems with the website or questions, please e-mail your rating to me directly at trobinson@chsaa.org or call me at 303-344-5050.

Make the officials who work your games more accountable. Their officiating will improve.

Thank you,

A handwritten signature in black ink that reads 'Thomas E. Robinson'. The signature is written in a cursive style with a large, prominent 'T' and 'R'.

Tom Robinson
CHSAA Officials' Liaison

TABLE OF CONTENTS

Introduction and Reminders	1
Field Hockey Calendar of Dates for 2009	2
Schools Participating in Field Hockey	2
2009-2010 Field Hockey Committee	2
2009-2010 Major Field Hockey Rule Changes	3-4
2009-2010 Rule Clarifications.....	4
2009-2010 Rules Interpreter.....	5
Officials' Information	5
Guidelines	6
Sportsmanship Expectations	9
CHSAA Regular Season Game Reminders	10
Guidelines for Setting Up Home Field	11
Tie Breaking Procedures	12
State Playoff Information	13-16
State Bracket	17
Gatelist Information	18
Inclement Weather Policy	19
Interrupted or Suspended Games	19
Media Guidelines.....	20
Sample Warning.....	21
Head Trauma Information.....	22

INTRODUCTION

The CHSAA Constitution and Bylaws are the official rules of the Association. Information in this bulletin provides the regulations for volleyball competition, but never supersedes the regulations found in the Constitution and Bylaws.

GENERAL REMINDERS:

- Included in the school boxes is an official copy of the CHSAA Handbook Constitution and Bylaws. Handbooks are also available on line at www.chsaa.org by selecting Bylaws.
- **Checking eligibility is not the sole responsibility of the athletic director. It is the responsibility of the coach to know the information found in the Constitution and Bylaws.** Therefore, the Bylaws should be read prior to the season.
- We encourage the telephone calls on areas of eligibility be made by the school athletic director or designated administrator; rulings on season policies can be made by the coach.
- **It should be noted that this bulletin is not a replacement, but a supplement to the Colorado High School Activities Association Handbook, the CHSAA Board of Control Minutes and the National Federation Edition “Field Hockey Rules Book.”** Coaches are urged to review the above mentioned resources and confer with their principals/athletic directors for any required information well in advance of the start of practice to insure that there is a clear understanding of all eligibility and playing rules.
- Use this bulletin for reference during the **pre-season, season, post-season, as well as out-of-season sessions.**
- Additional questions and interpretations may be obtained from the CHSAA Office (303) 344-5050 with Bethany Schott, the administrator responsible for Field Hockey. It is highly encouraged that telephone calls on areas of eligibility be made by the school principal or designated athletic administrator, while inquiries on the sport rules are made by the Field Hockey coach.

SAFETY REMINDERS:

- It is imperative that schools and coaches carefully go over all of the field hockey rules, especially those dealing with the safety and well being of the athlete.
- Failure to warn athletes of potential dangers in proper participation or the proper way in which to care for equipment, could lead to serious consequences for coaches and schools.
- You are required to have PARENT-PHYSICIAN PERMISSION CERTIFICATIONS on file for each athlete.

2009 FIELD HOCKEY CALENDAR

Thursday, August 6..... Coaches/A.D's/Officials Meeting @ CHSSA (7:00 pm)

Monday, August 17.....1st formal practice

Friday, August 28..... 1st date for one of two allowable interscholastic scrimmages
Note: All participants are required to have 9 days of high school practice

Thursday, September 3 1st interscholastic contest

Monday, October 19Deadline for Gatelists
(See page1)

Friday, October 16Regular Season Completed

Saturday, October 24..... Quarterfinals Completed

Wednesday, October 28 State Field Hockey Semifinals
Burt.com Stadium (Douglas County), Parker, CO

Monday, November 2 State Field Hockey Championships
Burt.com Stadium (Douglas County), Parker, CO

Wednesday, November 4Field Hockey Committee Meeting @ CHSAA (9:00 am)

2009 FIELD HOCKEY COMMITTEE

Jennifer Adams, Denver Academy, Chair (1st Term
2009)
scooter819@hotmail.com

Kathy James, Kent Denver (2010)
kathy.james@ucdenver.edu

Sean Wybrant, Cheyenne Mtn. (2010)
wybrasr@d11.org

Marcene Howe, St. Mary's Academy (2011)
marcene_howe@smanet.org

Brian Nutter, Mountain Vista (2011)
brian.nutter@dcsdk12.org

2010 PARTICIPATING SCHOOLS

Cherry Creek

Cheyenne Mountain

Colorado Academy

Denver East

Eaglecrest

Fort Collins

Fountain Valley

Golden

Grandview

Kent Denver

Lewis Palmer

Mountain Vista

St. Mary's Academy

Smoky Hill

PLEASE NOTE: The CHSAA has granted an exception for those schools playing against Graland County Day School. 8th graders may play against 9th grade teams only.

2009 FIELD HOCKEY RULE CHANGES & CLARIFICATIONS

- 1-2-4m Each team's area shall be on the same side of the field, at least five yards outside the sideline extending from its own 25-yard line to the marked substitution line.
- 1-5-1m-n Clarifies how an American flag and manufacturer's logo/trademark shall be worn on the uniform. The main rationale is to ensure visibility of the number on the uniform.
- 3-4-4 Players shall not hit the ball hard on the forehand with edge of the stick. This change does not prohibit the use of the edge of the stick on a forehand:
1. In a controlled action in a tackle
 2. When raising the ball in a controlled way over an opponent's stick or over a goalkeeper who is lying on the ground
 3. When using a long pushing motion along the ground.
- 4-2-2 By state association adoption, the clock may continue to run when one team is ahead by a specified number of goals, or alternative game-ending procedure may be established after having completed the first half.
- 4-4 PEN: Penalty was changed to replace the current penalties section for this rule in its entirety. The five changes included:
1. For violations by the team with the ball, a free hit shall be awarded to the opponent nearest the spot where the play stopped.
 2. For violations by the team without the ball, the coach shall be notified with no other penalty assessed.
 3. For simultaneous violations by both teams, the game shall be stopped at the first dead ball. The game is restarted with a bully on a spot chosen by the officials.
 4. For subsequent violations by either team, misconduct penalties will be assessed to the coach(es) of the offending team(s).
 5. An ineligible player who has entered shall be removed when discovered and her team penalized for misconduct (yellow card to coach and team plays short).
- 9-1 Clarifies the placement of the articles in the section and to include all free hit scenarios and which players must allow seven yards.
- 9-2-3 Opposing players shall not be within seven yards of the spot where the free hit is taken. Sufficient time shall be allowed for players to leave this area.
- 9- 2-4 On a free hit by the attacking team within five yards of the circle, the ball shall be placed on the broken line circle nearest where the foul occurred. No player shall be within seven yards of the spot where the free hit is taken except attacking team members positioned outside of the broken line circle.

- 12-2-2 PEN 1 Penalty 1 notes that if fans misbehave, officials should suspend play, inform game management of the problem, and let game management resolve the issue.
- 12-2-2 PEN 2 For the second offense, the official shall suspend the game on the first dead-ball situation and request assistance from the appropriate game manager/administrator. If, after resuming play, the problem continues, the officials shall declare the game a suspended game and shall follow state association procedures for reporting sportsmanship incidents. The offending spectator(s) should be removed from the venue.

Effective January 1, 2011, following are the color requirements for the jersey/top (p. 11):

- a. The home team shall wear single solid white uniform tops front and back on the torso, and the visiting team shall wear single solid black or dark-colored uniform tops front and back on the torso. The "torso" is the portion of the top from an imaginary horizontal line at the base of the neckline extending to each armhole/sleeve, down to the bottom hem of the top and from side seam to side seam.
- b. Team names and/or abbreviations may be placed on the front or back of the jersey/top
- c. Lettering must be placed horizontally and may be arched. Names may also be on multiple lines.
- d. The first and last letters, either above or below the number, must be on the same horizontal plane. When above the number, the plane may not be below a plane extending through the top of the number(s). When below the number, the plane may not be above a plane extending through the bottom of the number(s).
- e. Any point of any letter shall not be closer than one inch to any point on any number(s).
- f. Any form of decorative accent (i.e. paw, halo, crown, star, etc) in a name or abbreviation is only permitted above the number. If a tail is used in the lettering of an identifying name or abbreviation, the name or abbreviation must be located below the number.
- g. There are no restrictions in the area of the jersey/top from an imaginary horizontal line at the base of the neckline extending to each armhole/sleeve, up to the shoulder seam.
- h. Different colors and/or designs may be used in this area.
- i. Trim shall not exceed 1 inch around the neck and arm openings.
- j. Side inserts must be centered vertically below the armpit.
- k. The width of the side inserts, including trim, must be a maximum of 4 inches (2 inches of each side of the seam).
- l. The style/design of the side insert may be of any color or design. Side inserts must be the same width for all team jerseys. Commemorative/memorial patches not to exceed 4 square inches with the state association approval may be worn in this area above the neckline.
- m. An American flag may be worn anywhere on the team jersey provided it does not exceed 2 by 3 inches, and does not interfere with the visibility of the number.
- n. One manufacturer's logo/trademark or reference, not to exceed 2 ¼ square inches or 2 ¼ inches in any dimension, is permitted on the outside of each item. The manufacturer logo/trademark restriction includes any company reference.

2009-2010 RULES INTERPRETER

John Drummond is the National Federation Rules interpreter for field hockey during the 2009-2010 school year. Any rules interpretations may be made to him at jxdrummo@aol.com, or through **Bethany Schott** at (303) 344-5050 / bschott@chsaa.org.

2009 OFFICIALS' FEES

Officials' game fees for the 2009 season:

\$51.00 - Varsity Game; \$38.50 - Sub-Varsity Game.

Mileage - 36 cents per mile; **exception** see note below.

NOTE: The Jefferson County (except Conifer, Elizabeth, Evergreen and Summit), Denver, Continental, Skyline, Front Range (except for travel from the Denver Metro Area to Longmont/Loveland/Ft. Collins area or vice versa), Metropolitan (except Clear Creek, Middle Park, and Platte Canyon) and Centennial leagues will not pay mileage between league cities. Colorado Springs schools do not pay mileage to officials selected from the Colorado Springs Officials' Association.

Meal Allowance - Allowed in excess of 75 miles one way. Breakfast - \$4.00, Lunch - \$5.00; Dinner - \$6.00.

2009 State Officials Playoff Voting Information

Three weeks prior to the end of the season look for e-mail notification regarding officials voting instructions for the 2009 playoffs. All athletic directors, coaches, and officials will be invited to participate

This is your opportunity to vote for the official you will see in the playoffs. Please take a moment to vote for the best official.

Neutrality Priority When Assigning Officials to in Post Season/Travel Cost an Impact

Every effort will be made to cut the travel cost when assigning officials in the post season though the priority of assigning will be to maintain neutrality. In general, if two teams are competing from different areas of the state, the officials will not be assigned from either of the areas of the competing teams. However if the teams are from the same area, the officials could be assigned from the same area or any combination of areas. Below is the legend for area soccer officials and a couple of examples:

CHSAA FIELD HOCKEY PLAYING GUIDELINES

Following are points of emphasis field hockey coaches should review with their staffs and players in reference to CHSAA rules and regulations. This list is not all-inclusive, but highlights only key areas.

PHYSICAL EXAM/PARENT CONSENT

No student shall represent her school in interscholastic athletics (practice or contest) until there is on file with the school administration a statement signed by her parent or legal guardian and a practicing physician certifying she has passed an adequate physical examination within the past year (12 calendar months) and is physically fit to participate in high school athletics and has the consent of her parents or legal guardian to participate.

EJECTION OF PLAYER

Any player ejected from a contest by an official for any unsportsmanlike act will be removed from that contest and will be ineligible for the next contest. The playing of any ineligible will cause the school to forfeit the contest in which the ineligible athlete participated. There is no appeal to this rule and coaches are urged to review the rule with team members prior to the start of the season and provide a constant reminder as the season progresses. If a player is ejected or disqualified for a second time during the season she will be required to miss the next two contests. A third ejection during the same season will result in consequences determined by the Commissioner.

EJECTION OF COACH

If it becomes necessary for an official to eject a coach from a contest for any reason, the coach shall be placed on CHSAA probation in accordance with the policies established by the CHSAA Executive Committee. The coach will not be allowed to coach the next regular scheduled contest of the same level. He/she may not coach in any other contest at any level during this time.

CHSAA FIELD HOCKEY YELLOW CARD RULE

The following rule is related to the accumulation of yellow cards by a field hockey player during regular season and the playoff tournament:

- **FIELD HOCKEY/GIRLS' LACROSSE CUMULATIVE YELLOW CARDS**
 - A field hockey or girls' lacrosse player who receives a third, fourth, fifth, etc, yellow card during the regular season will not be eligible to compete in the next regular season contest of the same level following the game in which she received the third, fourth, fifth, etc. yellow card.
 - At the end of the regular season, all yellow cards accumulated to that time will be cleared.
 - Each player who accumulates a third, fourth, fifth, etc. yellow card during any portion of the playoffs (district, regional or state level competition) will be suspended from competition for the next contest of the same level following the game in which she received her third, fourth, fifth, etc. yellow card. (The player may complete the game in which she received the third yellow card.)

REPORTING YELLOW CARDS

- Both officials and schools bear the responsibility of contacting the CHSAA when a yellow card is given.
- The CHSAA Office will track the cards, but it is the responsibility of each coach and school to track their own cards and to implement the penalty.

- If a player who has accumulated three yellow cards (or a fifth, sixth, etc.) fails to miss the prescribed contest, that contest will be forfeited. See page 81 of the CHSAA Constitution and Bylaws Handbook.
- This bylaw was recommended by the CHSAA's Field Hockey and Lacrosse Committees in the belief that it establishes consistency in yellow card accumulation and provides a basis for improving sportsmanship.

STATEMENT CONCERNING RUNNING UP SCORE

The Colorado High School Activities Association has deemed it necessary for schools to refrain from running up scores on opponents

MAXIMUM STUDENT PARTICIPATION

A student may not participate in more than 30 halves exclusive of state qualifying games.

MAXIMUM TEAM PARTICIPATION

No member school shall permit any of its field hockey teams to participate in more than 15 games exclusive of state playoffs.

***NEW - WINTER VACATION PRACTICE/COMPETITION

There shall be no school sponsored activity of any sort, including practices, camps, clinics, tournaments, etc. from and including December 24 through December 27 and New Year's Day. **Beginning December 28, winter sports programs may have voluntary practice (excluding Sundays), but may not compete in interscholastic scrimmages or competition.**

SUNDAY PRACTICE RULE

There shall be no contact between players and coaches on Sunday, at any time during the school year. Graduating seniors are not exempt from the Sunday contact rule. If you have questions regarding this practice prohibition, contact your school administrator or the CHSAA office.

Exception: CHSAA Bylaw 2310.5 states that "Teams playing on Monday in district, regional or in a state-culminating event will be exempt from this rule." Therefore the championship teams may practice on Sunday preceding the Monday night championships.

SCRIMMAGE RULE

The scrimmage rule reads:

"A scrimmage date is the meeting of any number of individuals or teams from two or more high schools on a single date for participation ..."

Teams are permitted two scrimmage dates. Teams still involved in post-season competition shall be permitted one additional scrimmage date to occur between the end of the regular season and the state championship final. If you are uncertain on any aspects of the rule, make certain to contact the CHSAA Office in advance of your planned scrimmage for assistance.

NINE DAY PRACTICE RULE

Each student competing in an interscholastic fall sports program must have had a minimum practice period of nine days in her sport(s) (exclusive of Sundays) before representing his/her school in an interscholastic contest or scrimmage. Please see CHSAA bylaw 2310.0 to know what constitutes as a practice. Be sure to check your transfer students for proper days of practice before allowing them in a game or scrimmage.

To: CHSAA Member Schools Coaches/Principals/Athletic Directors

RANDOM ACTS OF SPORTSMANSHIP INITIATIVE

In a recent meeting of the Sportsmanship Committee the decision was made to identify what the committee feels happens more often than most people think, and that is our teams, student-athletes, coaches, student bodies, parents, and fans participate in positive acts of sportsmanship. Therefore the Committee stole from the concept of random acts of kindness to propose a project for the CHSAA called Random Acts of Sportsmanship.

At this past summer's meetings of the National Federation of High School Associations (NFHS), the inaugural presentation of the Spirit of Sport of Award was given to Evergreen High School for encouraging and selecting an autistic student to participate as a cheer athlete. It was unprecedented in that this cheer athlete was a full member at all cheer activities, including competitions. The Evergreen cheer squad did care about their scores in competition but only that they compete as a team. This was a random act of sportsmanship. Team was placed above winning.

Within our 338 schools, the committee knows that this type of positive sporting behavior happens all the time in the CHSAA. The Committee is asking that you announce this project to your student body to be on the look out for random acts of sportsmanship. The Committee/CHSAA will select from the pool of submissions and pick the top five, which will be presented at the fall Sportsmanship Symposium. Those individuals who participated in these random acts of sportsmanship will be recognized at the Symposium as well.

THE DETAILS

Where to Submit: CHSAA website – chsaa.org/Sports + Activities/Sportsmanship/ “Random Acts of Sportsmanship” link

What to Submit: Scenario/Description of Events and Characters

How many to Submit: Unlimited

Questions??? to trobinson@chsaa.org

CHSAA SPORTSMANSHIP EXPECTATIONS

The following items are standard rules of conduct for district, regional and state tournaments and are strongly recommended for regular season contests:

Please Note: The administration from each school is responsible for the conduct of its own crowd. Cooperation with CHSAA personnel and site directors is necessary in maintaining proper crowd control. Administration should report to CHSAA personnel upon arrival at site. When the CHSAA refers to sportsmanship, it means active demonstration of competitive integrity and ethics; respect for opponents and officials; fair play; understanding of the rules; appreciation for all performances regardless of school; personal and institutional pride; and, gracious acceptance of results. Join with the CHSAA in promoting good sportsmanship by showing the Sportsmanship Video to all participants, students, coaches and fans; develop a special sportsmanship program for your school; display the CHSAA Sportsmanship Banner in your school to show your commitment to the educational values that athletics provide your students.

When to Salute the Flag

When the National Anthem is played or Pledge of Allegiance is recited, students, players and fans should stand at attention, face the flag and place their right hands over their hearts.

Cheerleaders/Pom Pons/Crowd Conduct

- Positive Cheers Only. No profanity from the crowd will be tolerated.
- Megaphones may be used by cheerleaders ONLY.
- All patrons must wear shirts and shoes. Painted torsos are prohibited.

Banners

- Professionally-produced cloth or plastic school banners only. Paper banners are prohibited, as are all hand-painted banners.
- Positive statements only on banners.
- Banners must not block the view of others.

Noisemakers

Noisemakers that may interfere with the officiating or playing of the contest are strictly prohibited.

- Drums, whistles, cow bells, thunder sticks and bleacher kicking are prohibited.
- Megaphones may be used only by cheerleaders on the floor.

Bands

- Bands may play only during a dead ball.
- No instruments of any kind may play during a live ball.
- No amplified instruments of any kind may be used.

Announcer

The announcer should be a faculty member or responsible adult who can set the tone of the game by calling the fans attention to the following points of reference:

1. CHSAA playoff contests are conducted under the strictest code of good sportsmanship
2. The officials are neutral individuals and have been selected because of demonstrated ability;
3. Fans are encouraged to support their own team and display proper protocol and sportsmanship.

Any damages to a facility incurred by crowd, players, students or coaches will be the financial responsibility of the school.

CHSAA REGULAR SEASON GAME MANAGEMENT REMINDERS

OFFICIALS

- **Dressing Room - Restrictions/Supplies:**
 - When possible the official's dressing room should be located in an area with the most direct access to the playing field and or court.
 - The officials' dressing room shall be used as a changing area for game officials only. No other individuals shall have access to this area for any purposes unless they can be identified as game management, CHSAA personnel, and/or the officiating observer.
 - The room shall be stocked with water, soft drinks, and/or isotonic beverages.
 - It is recommended that a sign be placed on the door that states: "Officials' Dressing Room. No admittance per CHSAA."

- **Security:**
 - It is the responsibility of game management to provide security escort for game officials to and from the playing field or court. If possible, the officials should be escorted to the parking lot.

- **Arrival at Site:**
 - Game officials are required to arrive at the game site per their officiating association's policy. If an official arrives at the game site within 15 minutes of the start of the game, game management should contact the CHSAA office after the game.

- **Communication with Officials:**
 - Except for contact as is necessary by game management all others are prohibited from talking to the officials before, during, at halftime or after games concerning matters related to the game. Officials are asked to report any such violations to the CHSAA office.

- **Halftime:**
 - Game officials will delay leaving the playing field or court until players and coaches have left at halftime. A security escort is to be provided to take officials to their dressing room and prevent contact or conversation between coaches and officials.

COACHES

- **Sporting Behavior Cards:**
 - The Officials shall provide each varsity coach with a business size card with their sports officiating association's sportsmanship statement.
 - This card, which also contains the names of the officiating crew, shall be presented at time that is designated by that sports pre-game procedure.
 - Both opposing coaches are asked to evaluate the crew of officials after each game. Click on the coaches' tab at the chsaa.org site to find the convenient interactive link.

- **Introduction of Starting Lineups:**
 - Leagues shall create a standard introduction-of-teams procedure.
 - For intra league play, the visiting coach should be contacted prior to the day of the game to get agreement on the use of the home team's introduction procedure.

GUIDELINES FOR SETTING UP HOME FIELD:

- Mow field to appropriate length - Rule book states (pg. 12, section 2, art. 1) field should be cut to height of $\frac{3}{4}$ in. to maximum of $1\frac{1}{2}$ in.
- Line field according to Rule book.
- Put cones - on corners of field
 - on opposite 25 yd. line
 - substitution area at 50 yd. line
- The official table or desk at 50 yd. line should have a chair for official timer and scorer for each team.
- Keep the following at the scorers table:
 - Air Horn
 - Clock
 - Stop Watch
 - Game Balls
 - Pencils – Sharpened
 - Substitution Cards
- Benches for both teams
- Spectator line marked
- Fields should be ready one hour prior to start of game.
- Nets should be checked for hole or problem areas.

The following policies were established by the CHSAA Board of Control for the 2009-2010 school year related to field hockey:

REGULAR SEASON: (Page 79, E-1 in the NF Rules Book)

- Ties in the regular season shall be broken by playing one (1) full 10-minute period.
- Teams play a 10-minute overtime period with a team of ten field players and one goal keeper (11v11). The teams do not change goals at the end of the regular game.
- The winner of the coin toss chooses whether or not to take possession of the ball.
- The overtime is considered over when the time has expired.
- Games may end in a tie, but only after the 10 minute period has been played.

TIE BREAKING PROCEDURES

- **During Regular Season: (See page 79, E-1 in the NF Rules Book)**
 - Ties in the regular season shall be broken by playing one (1) full 10-minute period.
 - Teams play a 10-minute overtime period with a team of ten field players and one goal keeper (11v11).
 - The teams do not change goals at the end of the regular game.
 - The winner of the coin toss chooses whether or not to take possession of the ball.
 - The overtime is considered over when the time has expired.
 - Games may end in a tie, but only after the 10 minute period has been played.
- **For determining the eight state qualifiers and state seeding:**
 - 1) 3 points for a win, 1 point for a tie
 - 2) Head to head between the tied teams
 - 3) Best result against next highest team taking into account number of goals against
 - 4) Best result against lower seeded team, taking into account number of goals against
 - 5) Total goals against for all regular season games
 - 6) Coin toss.
- During Playoffs: (see page 17)

OFFICIAL TIME

- Official time will be kept on the stadium clock until 10 seconds remain in both halves; however, the horn will not go off and a registered official will alert the head official when one minute is remaining in the first half, at the end of the game and any subsequent overtimes, and the official will count down beginning at 10 seconds remaining in both halves.

COLORADO STATE FIELD HOCKEY PLAYOFF INFORMATION

1. **Site:** All semifinal and championship tournament games will be played at Burt. com (Douglas County Stadium), 11901 Newlin Gulch Boulevard, Parker, CO 80134
2. **Directions:** From I-25 and Lincoln Ave. in Douglas County: Go East on Lincoln Ave. Turn right on Chambers. Chambers currently dead ends at Mainstreet. Turn left (East) on Mainstreet to Newlin Gulch Blvd. Go South on Newlin Gulch Blvd. The stadium is on the right.
3. **Date:** Semifinals: Wednesday, October 28, 2009 @ 5:30 p.m. & 7:15 p.m.
Finals: Monday, November 2, 2009 @ 7:00 p.m.
4. **Host:** Douglas County Schools
5. **CHSAA
Field Hockey Liaison:** Bethany Schott, Assistant Commissioner
6. **Stadium Director:** Curt Williams
Douglas County
387-0085
7. **Tournament Director:** Bethany Schott, Assistant Commissioner
8. Teams should arrive at least one hour prior to game time and enter through the players' entrance on the north side (off of Chambers) to the stadium. **Each team is asked to provide at least 4 ball shaggers for each game in which their team plays.**
9. Teams may not begin warm-ups on the field prior to 30 minutes before the game time for the semifinals. For the **championship**, teams can get on the field one hour before the game. No running around the track during game play. Warm-up location will be given to teams upon checking in at the stadium. Second semifinal game is guaranteed 30 minutes on the turf prior to the start of the game.
10. The designated home teams (higher seed of the bracket) will use the south bench while the lower seeds of the bracket are designated as the visiting teams and will use the north bench. Team benches are located on the west side of the field.
11. No parents, spectators or non-school officials may be present on the track, sideline or in the vicinity of the playing field.
12. No players, parents or non-school officials are allowed in the press box.
13. Penn Monto Multi Turf White Ball will be the official game ball. The committee would like to add that the official reserves the right to remove and or replace a game ball at any point during the game.
14. Half time shall be five minutes with the clock running.

- 15. Each participating team in the final four tournament is entitled to a maximum of 28 entries at each contest in which the team participates. **NO MORE THAN 21 PLAYERS MAY BE CERTIFIED TO PLAY ON A TEAM IN THE STATE TOURNAMENT.** The 28 team entries are to include team members, coaches and managers. The gate lists will be developed from the roster information requested in this Bulletin. Only those people listed on the roster information sheet will be admitted free of charge.
- 16. **ROSTER:** Rosters may change after quarterfinals but must remain the same for both semifinals and finals.
- 17. **CHEERLEADERS:** Nineteen cheerleaders in uniform and one coach may be admitted at no charge to state semifinal and state championship games. The coach and the cheerleaders must enter the gates as a group accompanied by their coach.

NOTE: Due to varying sizes of facilities used at state semifinal and state championship games, certain restrictions or more limited numbers may be imposed.

20. PEP BAND ADMISSION INFORMATION:

A pep band with membership up to 35 members, including the band director, will be admitted to all CHSAA playoff events free of charge under the following conditions:

- All band members must be in possession of an instrument;
- All members will be admitted as a group together;
- No electric amplification is allowed;
- The group performs under the performance rules of the individual sport and the group is an active participant in the contest (plays at appropriate times, etc.);
- Only 5 percussionists are allowed.

No additional pep band members will be allowed to perform even if they purchase a ticket.

21. ADMISSION PRICES:

2009 Field Hockey Tournament	
<u>Quarterfinals</u>	
(At home sites)	
Adult.....	\$5.00
Student (K-12).....	\$4.00
Senior Citizens (age 60)	\$4.00
<u>Semifinals and Finals</u>	
(Burt.com – Douglas County Stadium)	
Adult.....	\$7.00
Student (K-12).....	\$5.00
Senior Citizens (age 60)	\$5.00

- 22. **AWARDS** - Awards for the 2009 CHSAA Field Hockey Tournament will include a trophy for the championship team and a plaque for the second place team. No third place game will be played.

Each member of the four state championship tournament teams will receive a certificate of participation commemorating their play in the 2009 Field Hockey State Championship Tournament. Each school will receive 25 certificates. More certificates may be ordered from Michele Sobczyk at the CHSAA office.

- 23. **SELECTION OF OFFICIALS** - Officials for the final four state tournament will be selected and assigned by CHSAA.

24. **BANNERS & NOISEMAKERS:** Only one official school banner may be displayed at the field hockey semi-final and final contests. No paper signs or placards will be allowed. Artificial noisemakers of any kind are prohibited at the state tournament. This includes thunder sticks and drums used as noisemakers.
25. **TRAINER:** A trainer will be provided at the semifinal and final contests by CHSAA.
26. **FILM/VIDEO TAPE:** Electronic communication equipment, including but not limited to computers, films, television and videotapes shall not be used for coaching purposes during a game or between periods. Electronic devices (PDA's/laptop computers) may be used for keeping game statistics.
27. **PROTESTS:** No protests involving the judgment or possible misapplication of a rule by a game official will be considered by CHSAA. However, coaches may direct questions to the game officials as they pertain to possible misapplication of the rules, at the time of the occurrence, in accordance with the National Federation rules governing that sport. Once the game has been declared over, the outcome is considered to be final.
28. **STOPPAGES BY UNCONTROLLABLE CIRCUMSTANCES (DURING POST SEASON):**

If the game is terminated in the first half, the entire game shall be replayed on an alternate date. If the game is terminated in the second half, the game shall be restarted at the point of interruption on an alternate date.

A. Lights go out at the tournament site

- ◆ Players go to their benches and become their coaches' responsibility.
- ◆ Officials leave the field to determine the extent of the delay.
- ◆ Administrators from represented schools are responsible for the fans.
- ◆ If the lights problem cannot be resolved within 30 minutes, the game is terminated.

B. Inclement Weather

- ◆ Teams report to their respective locker rooms.
- ◆ If the weather problems do not clear within 30 minutes, the game is terminated.

30. **INCLEMENT WEATHER POLICY:**

In the event inclement weather prevents the semi-finals from being played on Wednesday, October 28, then Monday, November 2 is the scheduled back-up date. In that case the finals would be played on Wednesday, November 4.

31. **PRACTICE:** Practice will not be permitted at the site of the State Championship (Burt.com Stadium) starting the Saturday preceding the state tournament quarterfinals as well as during the week of the semi finals and finals unless a participating school's practice facility is also the tournament site.
32. **OFFICIAL TIME:** Official time will be kept on the stadium clock throughout the game; however, the horn will not go off and a certified official will alert the head official that one minute is remaining in the first half, at the end of the game and any subsequent overtimes, and the official will count down beginning at 10 seconds remaining in the contest.
33. **QUALIFYING FORMAT & TIE BREAKING PROCEDURES**
- A. Quarterfinal round games to be played at the site of the higher seed. In the semifinals and finals, the higher seeded team will wear home uniforms (predominantly light-colored uniform tops.)
 - B. The eight state qualifiers will be determined by regular season play in the Colorado High School Field Hockey Conference.

C. Tie Breaking Procedure for playoff games

1. Play one (1) full 10-minute period with teams of ten field players and one goalkeeper (11v11) (See page 82, E-1 for format).
 2. If the contest remains tied at the end of the 10 minute overtime period the teams will change ends and will play one (1) 10-minute Sudden Victory Period with a team of six field players and one goalkeeper (7v7), (See page 82, E-2b & E-5 for format).
 3. If the contest remains tied at the end of both overtime periods, then the contest will move to an elimination round of 10 minute S.V. Teams will begin with a team of six field players and one goalkeeper (7v7). Teams will switch ends using the same procedures as in the Sudden Victory periods. The administration of the period will differ in that every two minutes, one athlete will be removed from each team. The umpire at the table will enforce the removal of players. Each coach will be notified in 1:30 intervals so a player removal can be made. Each player must be removed by the 2:15 mark. If a player is not removed in time, a penalty corner will be assessed to the offending team. Removal of players will continue until three players remain on each team. The game will continue until someone scores or time runs out. Substitutions and time outs may be used (See page 82, E).
 4. If the contest remains tied at the end of player elimination period, then the contest will move to Penalty Strokes (See page 82, E3). "Penalty strokes shall be taken alternating the attackers and goalkeepers at the same goal chosen by the officials. The winner of the coin toss shall choose whether to start on offense or defense. Each coach shall present a list of five stokers to the official. The stokers must have participated in the overtime period (or have been on the field when the regulation game ended). The players must stroke in the order listed (1 through 5). If a player strokes out of order that attempt is over and no goal is allowed. The next correct number stroker takes the team's next stroke... Only the coaches and remaining team members may be on the field provided they are behind the 25-yard line. Penalty strokes shall be terminated if one team has a goal advantage that cannot be overcome by the opposing team."
 - i. If a tie still exists after the first set of penalty strokes, a second set of penalty strokes shall be taken. The team not stroking first in the first set shall start the second set of strokes. The stokers and/or order of stokers may be changed for the second set provided they participated in the overtime period. Penalty strokes shall be terminated if one team has a goal advantage that cannot be overcome by the opposing team.
 - ii. If no decision is reached after a second set of penalty strokes, a "sudden victory" shall be in effect. The first team awarded more goals than the opponent, after an equal number of strokes, shall be declared the winner. The team stroking first for the first set of penalty strokes shall start the "sudden victory."
34. **PROGRAM INFORMATION** - It is imperative that each team that has a chance to qualify for the 2009 CHSAA Field Hockey Tournament, complete the field hockey program information sheet which can be found online at www.chsaa.org (see page 22) and submit to the CHSAA by **October 19, 2009**. This information is very important as it will be used to develop press releases and is used to determine gate lists for team admittance to the State Tournament.
35. **QUESTIONS:** Please call: Bethany Schott, Assistant Commissioner, 303-344-5050.

2009 STATE BRACKET

The semifinals and finals, the higher seeded team will wear home uniforms (predominantly light-colored uniform tops.) One semifinal will be at 5:30 p.m.; the other will be at 7:15 p.m. **Each team is asked to provide at least four ball shaggers for each game in which their team plays.**

**Completed by
October 24, 2009**

**October 28, 2009
Burt.com Stadium,
Parker, CO**

**November 2, 2009
Burt.com Stadium,
Parker, CO**



When mutual agreement for the game time and date cannot be reached, 3:00 p.m. on Saturday is the preferred time.

2009 FIELD HOCKEY GATELIST INFORMATION

1. Your gatelist must be submitted to the CHSAA office by **Monday October 19, 2009**
2. The gatelist information is not included in this bulletin. It is an interactive form that can be found on the CHSAA website, www.chsaa.org .
3. After going to the CHSAA website follow the steps below to access the gatelist:
 - Click on Sports/Activities – a drop down box will appear – click on gatelist.
 - From this page select the Field Hockey Gatelist and Roster link.
 - Next fill out the form completely
 - Click on the Email Submit button. This will submit your gatelist to the CHSAA office

INCLEMENT WEATHER POLICY

The following policy statements represent the general operating procedures of the CHSAA regarding post-season competition that is threatened by inclement weather. Circumstances not covered by this policy are left to the discretion of the CHSAA office.

NOTE: Schools and individuals have the added responsibility of making alternative travel plans to contest/tournament sites based upon weather forecasts, etc. As a common factor, input and recommendations are to be sought from the Highway Patrol Division of Highways and Travel.

Team Competition

- **Dual:** The scheduled starting time and/or date of a contest/event may be adjusted upon consultation and mutual agreement of the administrators from the two affected schools as well as consultation with the CHSAA office.
- **Tournament Conferences:** In the event inclement weather prevents a team(s) from arriving on time for a scheduled contest as part of a post-season tournament, the following steps will be enacted.
 - Notify the tournament director or designee with complete details a minimum of four hours before the scheduled starting time the day the tournament is to begin and/or other affected days of the tournament.
 - If unable to arrive for the scheduled starting time, that segment of the bracket (match) will be moved to a later time slot that evening following the completion of scheduled contests.
 - In the event that the slot can't be moved to a later time is not possible, the match(es) will be rescheduled the following morning where the schedule permits at a time to be set by the tournament director.
 - In the event that the match(es) cannot be rescheduled due to a facility and/or schedule conflicts, etc. the contest shall be declared a forfeit. When a consolation bracket is available, the team unable to make the contest will enter the consolation bracket.
 - When the number of schools participating is 25% or more that are unable to be present, the tournament/conference director, in consultation with the CHSAA, shall postpone all or part of the day's contests/activities. Alternative brackets and time schedules shall be determined by the director, in consultation with the CHSAA, which may include the contest/tournament.

INTERRUPTED OR SUSPENDED GAMES

Regular Season

Games interrupted or suspended because of circumstances beyond the control of the responsible administrator (i.e., weather, darkness, earthquake, etc.) shall be resumed at the point of interruption if play is stopped prior to the completion of the first half. If play is stopped after completion of the first half, the game is considered a completed game.

Tournament and State Playoffs

Any tournament game interrupted due to events beyond the control of the responsible administrative authority shall be completed as follows:

If interrupted during the first half, the entire game shall be replayed. If the game is terminated in the second half, the game shall be restarted at the point of interruption on an alternate date.

GUIDELINES FOR WORKING RELATIONS WITH THE MEDIA

Media exposure has indeed become a major segment of interscholastic athletics over recent years, be it the print medium, radio and/or television. The most enticing aspect of this spectrum of publicity is that it's all free!

Along these lines, a few well-planned minutes at this juncture could result in dividends by way of stimulating community and regional support that may well reflect in increased gate attendance and revenue. No doubt, you're in the midst of a hectic schedule with staff meetings, duplicating play books, schedules and checking final plans, but we urge that you initiate contact now with members of the media serving your school and community.

REGULAR SEASON:

Designate someone to call scores of all varsity games to the following:

Local Radio and Television Stations

Local Newspapers

Associated Press - Denver (Call Collect) (303) 825-0123

Associated Press - Outside Denver 1-800-332-6917

Denver Post (after 6 p.m.)..... (303)954-1980

You may call the Denver Post Collect

All daily papers and broadcasters are on tight deadlines. CALL AS SOON AS POSSIBLE AFTER GAME.

MEDIA/PHOTO PASSES:

Most working media and photographers have been issued CHSAA Media and Photo Passes for the 2008-2009 season. Please honor these passes for admission to an event. The person producing the pass is expecting to cover the event. Should any problems arise with either the media or photo passes, or any abuses of passes, please contact the CHSAA. NOTE: Photographers must also have a media pass, in addition to the photo pass. The photo pass does not grant admission to the event.

Another way to help your coverage and lessen chances for problems with the media is to notify them in advance of your interview policy and photography restrictions.

SAMPLE WARNING TO STUDENTS & PARENTS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps, FATAL ACCIDENTS may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. **There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.**

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge such risk exists.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. **Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.**

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

If any of the foregoing is not completely understood, please contact your school principal for further information.

Instruction: Sign both copies; retain one for your records, and return the other to your school.

_____ Sport(s) _____
Student's Name _____

This will acknowledge that we have read _____ and _____
understand the material contained in the _____
NOTICE TO ATHLETES AND PARENTS OR
GUARDIANS

Signed _____ Date _____
Parent or Guardian

Signed _____ Date _____
Student

Suggested Guidelines for Management of Head Trauma in Sports

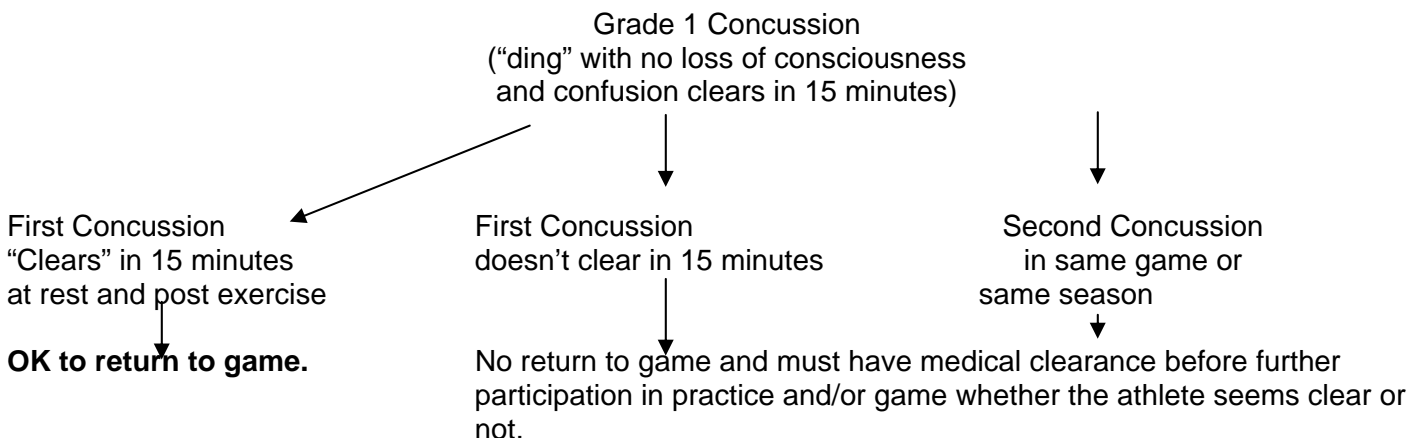
Head trauma is a common problem in sports that has the potential for serious complications if not managed correctly. Even what appears to be a “minor ding or bell ringer” without loss of consciousness has the real risk of catastrophic results in a student athlete who is returned to action too soon. The medical literature and lay press are reporting instances of death from “second impact syndrome” even after mild concussions. This increased vulnerability of the brain to concussions close together and the cumulative effects of multiple concussions are becoming known risks that need to be addressed.

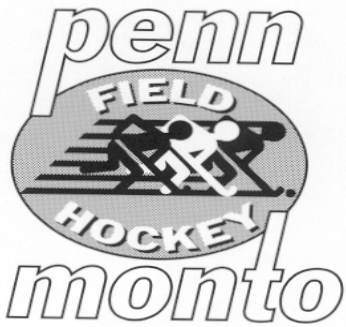
At many athletic contests across the country, there is a lack of trained and knowledgeable individuals making the decision to return concussed athletes to the game. Frequently, there is undo pressure from various sources (parents, player, and coach) to return a valuable athlete to action A.S.A.P. In addition, often there is unwillingness by the athlete who wants to play to report headaches and other findings that he/she knows will prevent his/her return to play. Research is now revealing some fairly objective, easy-to-use tests that can easily be performed on the sidelines, which appear to identify subtle residual deficits that may not be obvious from the traditional evaluation. Although having base line data on the athletes at the time of the pre-participation examination enhances the usefulness of these tests, recent studies suggest the ability to differentiate concussed from non-concussed athletes with some of these instruments. These identifiable deficits frequently persist after the obvious signs of concussion are gone and appear to have relevance to whether an athlete can return to the game in relative safety. The significance of these deficits is still under study and the evaluation instruments represent a work in progress. However, even in their present state of evolution, their effectiveness, validity, and ease of utilization make them a much preferable way to assess a student athlete after a concussion than the hit and miss methods now being utilized across the country. Again, these should not be utilized exclusively without consideration of the severity and nature of the injury, the interval since last head injury, the level of play and the clinical judgment of the examiner depending on his or her training.

The National Federation of State School Associations recommends that State Associations distribute this information to the athletic directors in all their member schools so that persons making sideline decisions to allow an athlete to return to play can benefit from the latest knowledge on how to assess concussed athletes for warning signals that might suggest they not return to the game. In addition to the usual observations as to whether the athlete “seems OK,” some assessment of orientation, memory and coordination at rest and after physical exertion is important to have a comprehensive knowledge of the athlete’s mental status.

We have outlined some guidelines below that may be helpful in establishing a protocol at your institutions. Please bear in mind these are general guidelines and must not be used in place of the central role that physicians and certified athletic trainers must play in protecting the health and safety of student athletes.

POSSIBLE PROTOCOL FOR MANAGING CONCUSSION





Thanks to the efforts of the Colorado High School Activities Association, your school now has the opportunity to directly purchase the National Federation of High Schools Association (NFHS) stamped Penn Monto Field Hockey Game Balls at a reduced price saving you **10%**.

Penn Monto NFHS stamped Game Ball

Item Number FPM 500

Pricing 1 - 5 dozen \$45.00 / dozen 6+ dozen \$42.00 / dozen
Colors – White & Orange, Yellow & Pink F.O.B. Hadley, Ma.

The Penn Monto Game Ball remains slick in hot weather play. The solid core, polyurethane construction prevents shattering and cracking in colder conditions. Available in White, Yellow and Orange for higher visibility during inclement weather conditions (snow).

CALL US AT 800 992/7479 TO PLACE YOUR ORDER NOW!

Have a Great Season,

Dr. Carol R. Anderson D.P.E.
President
Penn Monto

Save 10% Save 10%

Save 10% Save 10%